



# Counselling Training Courses



## Scottish College and University Course Information



# Booklet produced by the Counselling Training Project

All information was correct at time of production.

Please note that the term 'deaf' used in this booklet refers to Deaf British Sign Language users, deafened and hard of hearing people.



The Scottish Council on Deafness (SCoD) is the lead organisation for deaf issues in Scotland. SCoD represents 90 organisations working with and on behalf of Deaf Sign Language users, deafened, Deafblind and hard of hearing people. SCoD's membership provides an effective working partnership between the Voluntary Sector, Social Work and Education Departments, NHS Trusts, Health Boards and the Government.

SCoD is a registered charity: SC016957

Have you ever thought about training to become a counsellor? Not sure where to start?

This booklet contains information on all counselling courses provided by Colleges and Universities in Scotland.

Whether you are a complete beginner or at the more advanced stage there are courses out there to suit everyone, whether you want to study full time, part time, evenings or weekends or possibly from home.

The booklet will also give you information on possible sources of funding should you decide to study at college or university.

If you have any questions please contact SCoD

Tel 0141 248 2474

Text 0141 248 2477

Fax 0141 248 2479

Email [admin@scod.org.uk](mailto:admin@scod.org.uk)

# Colleges

## **Aberdeen College**

Freepost AB580  
Gallowgate Centre  
Aberdeen  
AB25 1ZQ

Contact Name  
Tel  
Email  
Web

Brian Dunn  
01224 612276  
b.dunn@abcol.ac.uk  
www.abcol.ac.uk

Courses      Introduction to Counselling  
Introduction to Counselling Skills  
Developing Counselling Skills  
Counselling Theory

## **Adam Smith College**

St Brycedale Avenue  
Kirkcaldy  
Fife  
KY1 1EX

Tel  
Email  
Web

01592 223400  
enquiries@adamsmith.ac.uk  
www.adamsmithcollege.ac.uk

Courses      NQ Intermediate 2 Introduction to Counselling  
NQ Higher Counselling Skills  
HNC Counselling

## **Anniesland College**

19 Hatfield Drive  
Anniesland  
Glasgow  
G12 0YE

Contact Name  
Tel  
Email  
Web

Kirsten Amis/Jocelyn Gray  
0141 3576078  
kirsten.amis@anniesland.ac.uk  
www.anniesland.ac.uk

Courses      HNC Counselling with PDA Addiction Counselling

## **Borders College**

Scottish Borders Campus  
Nether Road  
Galashiels  
TD1 3HF

Tel  
Email  
Web

08700 505152  
enquiries@borderscollege.ac.uk  
www.borderscollege.ac.uk

Courses      HNC Counselling  
Counselling Skills - COSCA Certificate

## **Cardonald College**

Mosspark Drive  
Glasgow  
G52 3AY

Tel  
Email  
Web

0141 2720647  
enquiries@cardonald.ac.uk  
www.cardonald.ac.uk

Courses      Introduction to Counselling

**Clydebank College**

College Square  
Queen's Quay  
Clydebank  
G81 1BF

Tel  
Email  
Web

0141 9517444  
info@clydebank.ac.uk  
www.clydebank.ac.uk

Courses      Entry Level Introduction to Counselling  
                  Counselling Skills

**Dumfries & Galloway College**

Bankend Road  
Dumfries  
DG1 4FD

Tel  
Email  
Web

01387 734000  
info@dumgal.ac.uk  
www.dumgal.ac.uk

Courses      Counselling Skills

**Edinburgh's Telford College**

350 West Granton Road  
Edinburgh  
EH5 1QE

Tel  
Email  
Web

0131 5594000  
mail@ed-coll.ac.uk  
www.ed-coll.ac.uk

Courses      Introduction to Counselling  
                  HNC Counselling  
                  Counselling Skills - Double Module

**Jewel & Esk College**

24 Milton Road East  
Edinburgh  
EH15 2PP

Tel  
Email  
Web

0131 3447000  
info@jec.ac.uk  
www.jec.ac.uk

Courses      Introduction to Counselling  
                  COSCA - Certificate in Counselling

**Langside College**

50 Prospecthill Road  
Glasgow  
G42 9LB

Tel  
Email  
Web

0141 2723636  
enquireuk@langside.ac.uk  
www.langside.ac.uk

Courses      Counselling (NQ) - Introduction to

**Lews Castle College**

Stornoway  
Isle of Lewis  
HS2 0XR

Contact Name  
Tel  
Email  
Web

Diana Smith  
01851 770425  
Diana.smith@lews.uhi.ac.uk  
www.lews.uhi.ac.uk

Courses      COSCA Counselling Certificate

**Moray College**

Moray Street  
Elgin  
IV30 1JJ

Tel  
Email  
Web

01343 576000  
Online form on website  
[www.moray.ac.uk](http://www.moray.ac.uk)

Courses Introduction to Counselling  
Counselling Skills Certificate  
Further Steps in Counselling Skills  
Counselling Supervision Certificate

**Motherwell College**

1 Enterprise Way  
Motherwell  
ML1 2TX

Tel  
Email  
Web

01698 232323  
[mcol@motherwell.co.uk](mailto:mcol@motherwell.co.uk)  
[www.motherwell.ac.uk](http://www.motherwell.ac.uk)

Courses Counselling (Pathways to)  
Counselling HNC

**Newbattle Abbey College**

Newbattle Road  
Dalkeith  
EH22 3LL

Tel  
Email  
Web

0131 663 1921  
[office@newbattleabbeycollege.ac.uk](mailto:office@newbattleabbeycollege.ac.uk)  
[www.newbattleabbeycollege.ac.uk](http://www.newbattleabbeycollege.ac.uk)

To apply contact

Centre for Lifelong Learning  
University of Aberdeen  
Regent Building, Regent Walk  
King's College  
Aberdeen  
AB24 3BQ

Tel  
Email

01224 273528  
[lifelonglearning@abdn.ac.uk](mailto:lifelonglearning@abdn.ac.uk)

Courses Counselling Skills (COSCA Certificate)

**Orkney College**

Kirkwall  
Orkney  
KW15 1LX

Tel  
Email  
Web

01856 569000  
[orkney.college@uhi.ac.uk](mailto:orkney.college@uhi.ac.uk)  
[www.orkney.uhi.ac.uk](http://www.orkney.uhi.ac.uk)

Courses COSCA Counselling Skills Certificate

**Reid Kerr College**

Renfrew Road  
Paisley  
PA3 4DR

Tel  
Email  
Web

0141 5812222  
[services@reidkerr.ac.uk](mailto:services@reidkerr.ac.uk)  
[www.reidkerr.ac.uk](http://www.reidkerr.ac.uk)

Courses HNC Counselling

### **Shetland College UHI**

Gremista  
Lerwick  
Shetland  
ZE1 0PX

Contact Name  
Tel  
Email  
Web

Jean Aaron-Walker  
01595 771000  
jean.aaron-walker  
@shetland.uhi.ac.uk  
www.shetland.uhi.ac.uk

Courses Introduction to Counselling  
Degree in Person Centred (Rogerian) Counselling & Psychotherapy

### **Stevenson College**

Bankhead Avenue  
Edinburgh  
EH11 4DE

Tel  
Email  
Web

0131 5354600  
info@stevenson.ac.uk  
www.stevenson.ac.uk

Courses Counselling; An Introduction  
COSCA Certificate in Counselling Skills

### **West Lothian College**

Almondvale Crescent  
Livingston  
West Lothian  
EH54 7EP

Tel  
Email  
Web

01506 418181  
enquiries@west-lothian.ac.uk  
www.west-lothian.ac.uk

Courses NQ Introduction to Counselling  
Certificate in Counselling Skills

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## **Universities**

### **University of Aberdeen**

King's College  
Aberdeen  
AB24 3FX

Tel  
Web

01224 272000  
www.abdn.ac.uk

Courses Counselling Skills

Contact Name  
Tel  
Email

Barbara Foad  
01224 273528  
lifelonglearning@abdn.ac.uk

Postgraduate Degree Person Centred Counselling

Tel  
Email

01224 274673  
pgecounselling@abdn.ac.uk

**University of Abertay**

40 Bell Street  
Dundee

Tel  
Web

01382 308000  
[www.abertay.ac.uk](http://www.abertay.ac.uk)

DD1 1HG

Courses Graduate Certificate in Counselling Skills

Contact Name	Marian Wallace
Tel	01382 308765
Email	<a href="mailto:m.wallace@abertay.ac.uk">m.wallace@abertay.ac.uk</a>

MSc/PGDIP Counselling (To apply contact University)

BA (Hons) Mental Health & Counselling

Contact Name	Julie McEwan
Tel	01382 308080

**University of Edinburgh**

Counselling & Psychotherapy  
School of Health in Social Science  
Medical School  
Teviot Place  
Edinburgh  
EH8 9AG

Tel  
Email  
Web

0131 6516671  
[counselling.studies@ed.ac.uk](mailto:counselling.studies@ed.ac.uk)  
[www.ed.ac.uk](http://www.ed.ac.uk)

Courses Postgraduate Certificate in Counselling Skills  
Master of Counselling (PT)/Pg Diploma in Counselling  
Master of Counselling (FT)  
MSc Counselling Skills  
MSc in Counselling (Continuing Professional Practice)  
MSc by Research in Counselling Skills  
PhD/MPhil Degrees

**University of Glasgow**

Department of Adult & Continuing  
Education  
St Andrew's Building  
11 Eldon Street  
Glasgow  
G3 6NH

Contact Name  
Tel  
Email

Laureen Guthrie  
0141 3301859  
[l.gurthrie@educ.gla.ac.uk](mailto:l.gurthrie@educ.gla.ac.uk)

Courses Certificate in Counselling Skills

**Glasgow Caledonian University**

Cowcaddens Road  
Glasgow  
G4 0BA

Tel  
Email  
Web

0141 3318681  
helpline@gcal.ac.uk  
www.gcal.ac.uk

Courses      Certificate in Counselling Skills  
                  Counselling Psychology

**UHI Millennium Institute**

12b Ness Walk  
Inverness  
IV3 5SQ

Tel  
Email  
Web

08452723600  
info@uhi.ac.uk  
www.uhi.ac.uk

Courses      PDA Addiction Counselling

**Queen Margaret University**

Musselburgh Drive  
Edinburgh  
EH21 6UU

Tel  
Email  
Web

0131 4740000  
admissions@qmu.ac.uk  
www.qmu.ac.uk

Courses      MSc Transactional Analysis Counselling

**Strathclyde University**

Department of Educational &  
Professional Studies  
Jordanhill Campus  
Sir Henry Wood Building  
76 Southbrae Drive  
Glasgow  
G13 1PP

Tel  
Email  
Web

0141 9503222  
counselling.unit.stath.ac.uk  
www.strath.ac.uk

Courses      PgCert Counselling Skills  
                  PG Diploma Counselling Skills  
                  Masters in Counselling  
                  PgD/MSc/Practitioner Doctorate in Counselling Psychology

# Abbreviations Explained

NQ	National Qualification
HNC	Higher National Certificate
HND	Higher National Diploma
PDA	Professional Development Award
Pg	Postgraduate
MSc	Master of Science
Phd	Doctor of Philosophy
MPhil	Master of Philosophy

## Professional Bodies

Qualified counsellors should be registered with a professional body, such as those below, to show to prospective clients that they are fully qualified and have the appropriate insurance etc. Their websites also contains information of accredited training courses, news and contact details for counsellors.

COSCA	Counselling and Psychotherapy in Scotland Scotland's professional body for counselling and psychotherapy Membership organisation <a href="http://www.cosca.org.uk">www.cosca.org.uk</a>
BACP	British Association for Counselling and Psychotherapy National body Membership organisation <a href="http://www.bacp.co.uk">www.bacp.co.uk</a>
BABCP	British Association for Behavioural and Cognitive Psychotherapies Lead organisation for the theory, practice and development of Cognitive Behavioural Therapy in the UK. <a href="http://www.babcp.com">www.babcp.com</a>

# Possible Sources of Financial Help

SAAS	Students Awards Agency for Scotland <a href="http://www.saas.gov.uk">www.saas.gov.uk</a> You may be able to get support for fees and living costs for a higher education course.
ILA Scotland	<a href="http://www.ilascotland.org.uk">www.ilascotland.org.uk</a> Scottish Government scheme that helps to pay for learning. It is for people who have an income of £22, 000 a year or less or are on benefits. Two types of accounts available £200 If you are interested in learning something new or brushing up on your skills. £500 If you are studying a part-time higher education or professional qualification course such as an HNC, HND or a Degree.
Bursary	May be administered by some course providers.
EMA	Education Maintenance Allowance <a href="http://www.emascotland.com">www.emascotland.com</a> Financial support for 16-19 year olds from low income families who undertake a full time course at college.
DSA	Disabled Students Allowance <a href="http://www.saas.gov.uk">www.saas.gov.uk</a> If you are deaf, have a disability or learning difficulty you may claim for extra expenses that arise because you are on a course.
Childcare Support	If you are a lone parent studying full time or part time you may be able to apply to the course provider for help with childcare.
Hardship Fund	Help students who have financial difficulties or who may not be able to enter further or higher education or financial reasons. Universities and colleges decide their own criteria for awarding payments from the fund.

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Central Chambers  
Suite 62, First Floor  
93 Hope Street  
Glasgow  
G2 6LD

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Fax 0141 248 2479  
Email [admin@scod.org.uk](mailto:admin@scod.org.uk)  
Website [www.scod.org.uk](http://www.scod.org.uk)